

CLASS VII MATHEMATICS

MONTH	TOPICS/CHAPTERS	SUGGESTED ACTIVITIES
APRIL	1. Rational Numbers	Representation of rational numbers on the number line.
	2. Operations on Rational Numbers	
MAY	2. Operations on Rational Numbers(Contd.)	
	3. Rational Numbers as Decimals	
JUNE		
JULY	4.Exponents and Powers	Angle sum property of a triangle (by paper cutting).
	8. Triangle and its properties	2. Exterior angle property of a triangle.
AUGUST	9. Congruent triangles	Collection of data(any five)
	12. Data Handling	2. To draw bar graph showing the marks obtained by 5 students
		in Mathematics Test.
SEPT	Revision & Examinations	
ОСТ	5. Application of Percentage	I To calculate %age of marks obtained in different subjects in
	6. Algebraic Expressions	Term-I
NOV	7, Linear Equations in One Variable	Project- Write the life of a Mathematician'
	10. Construction of triangles.	
DEC	10. Construction of Triangles(Contd.)	1 To find the circumference of a circle.
	11. Perimeter and Area	2. To find the area of a circle (by paper cutting and pasting)
JAN	13. Symmetry	To make any three symmetrical paper cutting designs.
	14. Visualising Solids	
FEB	Revision	
MARCH	Examinations	

Part of First Term syllabus included in Second Term

Chapter 1 Rational Number

Chapter 4 Exponent & Power

CLASS VII Science

MONTH	TOPICS/CHAPTERS	SUGGESTED ACTIVITIES
APRIL	1.Nutrition in Living Organisms – Plants	1)Mind Mapping-modes of nutrition, photosynthesis.
	5.Heat	2) Modes of Nutrition(activity based on cards)
		3)Model making on thermometer. To measure the temperature at
		morning, noon & evening.(for 10 days)
		4)Activity on Thermal Expansion
		5)Collect samples and find difference between of
		thermometers(Digital, La boratory, Clinical)
MAY	2.Nutrition in Living Organisms -	1)Picture flow chart of Human Digestive System, Nutrition in
	Animals and Man	Amoeba
	3.Chemical Substances & Processes	2)Make a model of the digestive system using clay, plastic &
		rubber pipes /ribbons to make the different organ.
		3)Role play-Types of teeth, Parts of digestive system
		4)Mind Mapping-functions of different organs of digestive system.
		5)G rou p Activity-Formulae writing.
		6)Group Activity: Types of reactions.
		7)Chart on chemical formula, positive and negative ions; card
		activities.
JUNE		
JULY	4.Acid Bases and Salts	1)Collect samples of acidic and basic materials in our surrounding and
	6.Motion and Time	perform litmus test.
		2)Make continuity tester and test conductivity of salts.
		3)Chart on different type of Acid, Bases and Salts.
		4)Activity to perform displacement reaction using CuSO, & Fe.
		5)Make Simple Pendulum using
AUGUST	7Respiration in Organisms	1)Activity to show anaerobic respiration in yeast.
	8.Transportation In Plants & Animals	2)Role play-Human Respiratory System
		3)Lime water activity to show exhaled air is rich in CO,
		4)Cross-word puzzle.
		5)Activity to show role of conducting tissues.
		6)Role Play *Circulatory and Respiratory System
		7)Mind Mapping-Transportation in animals.
SEPTEMBER	Examinations	
OCTOBER	9.Reproduction in Plants	1-)Activity -Vegetative Propagation in Potato
	10.Soil	2)Make model of parts of flower using modeling clay and write their
	II.Electric Charge at Rest	functions.
		3)Collect samples of seeds dispersed through air, water, animals,
		scattering, etc
		4)Activity to show percolation of water in different kinds of soil.
		5)Activity- charging of uncharged bodies.
		6)Collect information about lightning conductors.
NOVEMBER	12.Light	1)Model of Periscope and Ka leidoscope.
	13.Weather, Climate and Adaptation of	2)Ray diagram using broken bangles and broom sticks/thread.
	Animals	3)Activity to find focus of concave mirror.

		4)Image formation of lighted candle by concave mirror.
		4)Climate map of India.
		5)Collect pictures of 10 animals and write about their adaptations.
DECEMBER	14.Fabric & Fibre	1)To find out the names of different varieties of fibres, to
	15.Forests	collect their samples and compare properties like shine,
		smoothness, strength of sample collected.
		2)Chart on different type of Trees. 3)Group activity: Layers of forest
		4)Mind Mapping-Food Chain, Food Web.
JANUARY	16.Water	1)Project related to Water conservation.
	17.Electric Current & Its Effects	2)Skit-Importance of Water and its management.
		3)Model of electric circuit, Working Model of Electromagnet
		and Model of Electric Bell.
		4)Collect Pictures of appliances based on electromagnet.
FEBRUARY	Revision	
MARCH	Examinations	

Part of First Term syllabus included in Second Term

Chapter 1. Nutrition In Living Organism- Plants

Chapter 3 Chemical Substances & Processes



CLASS VII Computer

MONTH	TOPICS/CHAPTERS	SUGGESTED ACTIVITIES
APRIL	The Evolution of Computers	i) Identification of different hardware used in I-tt to 5th
		Generation.
		ii) Draw the components of computer.
MAY	Scratch-I	i)Identification of various blocks used in scratch.
		ii)Saving and opening a project in scratch.
		iii)Draw a park scene in scratch.
JUNE		
JULY	Scratch -II	i)Write a script to draw a circle.
		ii) Write a script for cloud moving.
		iii) Write a script to draw a Christmas tree joining the numbers.
		iv) Create an animation showing dance competition between
		the sprites.
AUG	Introduction to GIMP	i) Identification of various tools used in GIMP.
		ii) Compare File Menu of Gimp, Writer & I m press.
		iii)Write the file extensions of Writer ,Impress , Scratch ,Calc
		iv) Find out the short cut keys of Rectangle, Ellipse Free select tool
		Text tool , Eraser tool.
SEPT	Examinations	
ОСТ	GIMP Tools	i)Compare the options available for Paintbrush tool in Gimp and Tux
		paint.
		ii) Use of Flip tool, Rotate tool , Perspective tool etc,
NOV	Advanced GIMP	i) Adding a layer, renaming a layer.
		ii) Use of masking and filters.
		iii) Make a poster on "Save Earth".
DEC	Basics of Internet	i)Identification of different web browsers.
		ii) Websites and webpages examples.
		iii) Identification of URL Address.
		iv) Blog writing.
		v) Social networking sites like facebook etc.
JAN	Internet and Web Services	i) Creating mail account.
		ii) Opening mail acco u nt.
FED		iii) Examples of online shopping.
FEB	Revision	
MARCH	Examinations	

CLASS VII SOCIAL SCIENCE

MONTH	TOPICS/CHAPTERS	SUGGESTED ACTIVITIES
APRIL	Component Of environment.	Diagram of four spheres of environment
	9. Medieval period	2. On a political map of world, locate the countries visited by
	18. Democracy and equality.	Marco Polo
	19.Our state government	
MAY	2. The Earth and the changes on it	On a outline map of India locate the areas of major soil types .
	10. The rise of small Kingdoms in	2. Collect pictures of great monuments of North India and make a scrap bo
	North India.	ok with information about special, cha ra cte ristics.
JUNE		
JULY	3. The surface and interior of the Earth	1. Diagram of interior of Earth.
	11. The rise of small kingdoms in	2. Collect the pictures of the temples of South India and paste it in scrap
	South India	book.
	20.Media The Mainstay of Democracy	3. Group discussion on "Role of media in Democracy"
AUG	4. Air around us.	Project work on mechanism of rainfall.
	12. Turkish invasion in North India	2. Design a timeline chart showing major dynasties and rulers of Sultanate
	3. Delhi Sultanate	period.
SEPT	REVISION & EXAMINAT ONS	
ОСТ	5. Water surrounding the Earth	1. Diagram of water cycle.
	14. Regional powers.	2. Make a collage of the Mughal architectural delights.
	15. Mughal Empire	
NOV	6. Life on the Ea rth	1. Collect some pictures of National Parks and paste it in scrap book.
	16. Emergence of independent states	2. Group discussion about the brave deeds of Shivaji.
	21 Advertising and democracy.	
DEC	7. Human environment	1. On a Political map of the woild, " locate any five sea ports and internatio
	17. Major Religions	nal air-ports of the world.
	22. Unpacking Gender	Prepare an album showing life sketches and photographs of Indian
		women who have excelled in different fields.
JAN	8. Land and the people.	I On the politicaloutline map of world locate all the continents of the world.
	23. Markets around us	2. Prepare a report on the 'Culture of Malls'.
FEB	REVISION	
MARCH	EXAMINATION	

Part of First Term syllabus included in Second Term

Chapter 3 The Surface and interior of the Earth

Chapter 19 Our State Government

CLASS VII ENGLISH

MONTH	No. OF WORKING DAYS	ENGLISH READER	ENGLISH LITERATURE	ENGLISH PRACTICE	WRITING SECTION
APRIL	23	1.PEOPLE AT WORK	1. MONKEY TROUBLE	1. THE ARTICLES	MESSAGE AND PARAGRAPH WRITING
MAY	1.7		2. BIRDIE WILL YOU PET?	2. THE SENTENCE	DIARY ENTRY
IUNE		panine		-ameters	
TULY	26	2.RELATIONSHIP	3. A HERO 4. FIGHT MANUU FIGHT	3. THE COMPOUND SENTENCE 4. PHRASES AND CLAUSES	REPORT WRITING NOTICE WRITING
AUG	25	3. ATTITUDE	5. I DREAM A WORLD 6. STONE SOUP IN BOHEMIA	S.TRANSITIVE & INTRANSITIVE VERBS G. MODALS L2. READING FOR UNDERSTANDING 50%)	FORMAL LETTER
SEPT		TERM I REVISION	(0000000)	summon.	
ост	24	4. ACHIEVERS	7. A STORMY ADVENTURE	7. PASSIVE VOICE	ARTICLE
NOV	18	5. THE FUTURE WORLD	8. THE SPIDER AND THE FLY 9. THE HUMAN ROBOT	8. REPORTED SPEECH 9. FUTURE TIME REFERENCE	E-MAIL
DEC	25	6. UNITY IN DIVERSITY	10. FRIENDS AND FLATTERERS	LD. PERFECT PROGRESSIVE TENSE	BIO SKETCH & SPEECH
JAN	19	sideanid	11 CHOCOLATES IN YOUR DREAMS TOO	11. LINKERS 12. READING FOR UNDERSTANDING	INFORMAL LETTER
FEB		REVISION	nommercy.	- Internation	

Part of First Term syllabus included in Second Term

Chapter 3. A Hero, Chapter 4- Fight Manju Fight

Phrases & Clauses, Transitive & Intransitive verbs

CLASS VII HINDI

माह	ज्ञान सागर	अध्यास सागर	व्याकरण	निबंध , पत्र (रचनात्मक लेखन)	कार्य कलाप (Activity)
अप्रैल 23	1.बारहमासा 2.नाटक में नाटक 3.निर्मला ,संयाल और साँप	इरहमासा नाटक में नाटक निर्मला , संयाल और साँप	1—संयुक्त व्यंजन और उच्चारण 2—अनुरवार और अनुनासिक 3—संज्ञा और उसके भेद	अवकाश के लिए प्रार्थना पत्र ,सित्र को जन्म दिन पर निमंत्रण पत्र , हमारा भारतवर्ष (निबंध)	किसी ऋतु पर कविता लेखन
मई 17	4-बातूनी	बातूनी	उपसर्ग और प्रत्यय		नाटक में नाटक का मंचन करना, व्यंग्यात्मक कहानियाँ पढ़ना एवं सुनना
जुन			-11 -2213	Succession	
खुलाई 26	5-राजू का सपना 6-समय 7-रकूल की छुट्टियाँ	राज् का सपना समय , स्कूल की छुट्टियाँ	पत्र लेखन , विसर्ग चिन्ह , सर्वनाम और उसके भेद , विशेषण और उसके	क्षेत्र की गंदगी की सफाई हेतु स्वस्थ्य अधिकारी को पत्र,विज्ञान का	कहानी सुनाना पर्यावरण सुरक्षा से संबंधित चित्र बनाना एवं



			भेद	चमत्कार (निबंध)	स्लोगन लिखना
अगस्त 25	B-एडरेस्ट की चुनौती 9-सवाल का जवाब 10-झण्डा ऊँचा रहे हमारा	एवरेस्ट की बुनीती . सवाल का जवाब . झण्डा ऊँचा रहें हमारा	किया और उसके भेद , विशेषण और उसके भेद , कहानी लेखन	किशी धार्मिक त्योहार का वर्णन , जीवन में समय का महस्य बताते हुए अनुज को पत्र	एवरेस्ट विखर पर पहुँचने वालों कें नाम की सूची बनाना
रिलम्बर	पुनरावृत्ति	पुनसवृत्ति	पुनसवृत्ति	पुनरावृशि	पुनरावृत्ति
अवसूबर 24	11-उस रात की बात 12-वीहें 13-साहस को सलाम	डस रात की बात , दोहें , साहस को सलाम	क्रिया विशेषण और उसके भेद , विविध शब्द प्रयोग , काल और उसके भेद	स्वरचित कविता छपवाने के लिए मासिक पत्रिका के संपादक को पत्र, हमारी वन संपदा (निबंध)	उस रात की बात कहानी को नाटक के रूप में लिखना , मीठी वाणी तथा मित्रता से संबंधित दोहों का संकलन
नथम्बर 18	14-एस0 शमानुजन 15-अन्नदाता कृषक 16-देशभक्त पुरु	एस० शमानुजन , अन्नदाता कृषक , देशभवत पुरु	हायरी लेखन , रूढ , सीरिक योगरुढ शब्द , संयुक्त किया पूर्व रूकक किया , समुख्य बोधक अव्यय	अपने छोटे भाई को पत्तंग चड़ाते समय सावधानियाँ बरतने हेतु पत्रः व्यायाम से लाग (निबंध)	भारतीय किसान पर आधारित कविता का संकलन देशभवत पुरु नाटक का मचन
िशम्बर 25	17-काकी 18-बाललीला और कुडलियाँ 19- गणेशोत्सव	काकी बाजलीला और कुडलियाँ , गणेशीत्सव	शब्द भेंद्र -तत्सम , तद्भव , देशज और आगत , अनुप्रास अलंकार	नया भारत , (डिजिटल इंडिया) (निइंध) , और बसें घलाने के लिए परिवहन निगम के प्रबंधक को पन	छूसरों की निदा करना गलत आदत हैं- विषय पर कक्षा में चर्चा
जनवरी 19	20-कर्मवीर	कर्मवीर	विशाम चिन्हों का प्रयोग , कारक एवं उसकी विभक्तियाँ का प्रयोग		आतंकवादियों सें देश की रक्षा करते हुए शहीद हुए दस सैनिकों की सूची बनाना
फरवरी	पुनरावत्तृ	पुनरावृत्ति	पुनरावृत्ति	पुनरावृत्ति	पुनरावृत्ति
मार्च	वार्षिक परीक्षा				

Part of First Term syllabus included in Second Term

Chapter 2 Natak Me Natak Chapter 3 Nirmala Sayal aur Samp

Vyakaran – Anuswar aur Anunasik

CLASS VII SANSKRIT

अप्रैल सुरभिः – प्रार्थना-ईश्वर तव महिमानं वन्दे । 1. बुद्धिः एव

अस्माकं बलम्

व्याकरणम् - शब्दरूपाणि- राम ,लता ,फल ,गुरू ,बालक अस्मंद्,

युष्पद् , मवत् (पु० -स्त्री०) , (किम् , सर्व , सर्वलिंड. गेषु

मई सुरमि:— 2. अभ्यासः प्रश्मो गुरूः , 3.उपकारकाः वृक्षाः व्याकरणम् – धातुरूपाणि – भू , गम् , दृश् , स्था,रमृ , पठ्, अस् – पंचलकारेषु

सन्धिः – दीर्घ ,गुण । प्रत्ययः – क्त्वा ,ल्यप् , शतृ

संख्या-1 तः 50 संस्कृते लेखनम् ।

जुलाई सुरभि: - 4. आगच्छ भोजनं कुर्याम 5. सुवचनानि

व्याकरणम् -उपसर्गः- अनु , अव , अभि , आ ,उत् , उप् ,

अव्ययः - एकदा , अधः, नीचैः , उपरि , चः, तदा , एव

कदा , अपि , अधुना ,कथम्

अगरत सुरभिः – ६ यस्य बुद्धिः तस्य बलम् । व्याकरणम् –

उपपद्मिगिन्तः - द्वितीया - अभितः , परितः , उभयतः , प्रति , बिना ।

त्तीयाविभवितः - अलम् , काणः , बधिरः ,सह , विना

सितम्बर रचनात्मककार्यम् – पत्रम् रिक्तस्थानपूर्तिः ,

चित्राघारितवाक्यरचना , अपठितगद्यांशाघारितप्रश्नाः

(गतिविधयः – स्वपरिचयः , सुवचनानि : , कण्ठस्थीकरणम् , अनुच्छेदवाचनम् – वृक्षाणाम् उपयोगिता , संतुलितं भोजनम्)।

अकटूबर सुरभि:- 7. बुद्धिः एव उत्तामा ,

व्याकरणम् –शब्दरूपाणि– मुनि , मति, साधु, पितृ, मातृ , धेनु, नदी , (तत् , किम् , एतत् इदम् – सर्वलिंगेषु) । संख्या– 50 तः 100

संस्कृते लेखनम् ।

सन्धिः – वृद्धिः , यण्

नवम्बर सुरमि: – ८. अविवेकः परमापदां पदम् । व्याकरणम् – अव्ययः- पुरा

, ऋते , विना , नम , एकदा , श्वः , ह्यः ,अद्य, किमर्थम्

दिसम्बर सुरमि: -9 बुद्धिमान् गोपालकः । व्याकरणम् - उपसर्गः - निस् ,

प्रति, परि, प्र, वि , सम् , दुस् । घातुरूपाणि- वद् , नम् , त्यज् ,

रच् , लिख् , पा ,कृ – पंचलकारेषु

सेव् , लग् - लट्, लृट् , लड्, लकारेषु

जनवरी सुरभिः - 10. मधुराणि वचनानि । व्याकरणम् - प्रत्ययः -क्त ,क्तवतु,

तुमुन् "। उपपदिवभिक्तः – चतुर्थी –रूच! , नमः , दा । पंचमी – बिहः , पृथक् , ऋते । षष्ठी – उपरि , अधः , पुरतः । सप्तमी–

रिनह् , विश्वस् ।

अपठितगद्यांशः , वित्रम् , पत्रम्

फरवरी सुरमि- व्याकरणयोः पुनराभ्यासः

(गतिविधयः – स्वपरिचयः , मधुराणि वचनानि , कण्ठस्थीकरणम् , कथालेखनम् – बुद्धिः एव बलम् , नीतिवचनानां संग्रहणम् ।)

Part of First Term syllabus included in Second Term

प्रथमचकृतः – व्याकरणम् – अव्ययपदानि , संख्या , सन्धिः , प्रत्ययः

सुरभिः – पाठः ६. यस्य बुद्धिः तस्य बलम्

CLASS VII NAITIK SHIKSHA

माह	इकाई
अपैल	ईश स्तुति ,धर्म के लक्षण
	आर्य समाज के नियम (3 से 6)
सई	अभियान गीत , व्यायाम
जुलाई	उद्बोधन गीत ,सत्संग का महत्त्व
	योग और उसके अंग
अगस्त	ईश विनय , स्वामी श्रद्धानन्द
शितम्बर	पुनरावृत्ति
	द्वितीय वक अक्टूबर से फरवरी
अक्टूबर	महात्मा हंसराज , स्वामी दर्शनानन्द
नवम्बर	आर्य – पश्चिक पंजित लेखराम , उद्घोष
दिसम्बर	मेरा देश , रोगी कौन नहीं ? ,
	अन्धविश्वास का फल
जनवरी	अटल प्रीति ,हमारे पर्व
फरवरी	सन्ध्या तथा दैनिक हवन के मन्त्र
	यज्ञ की आरती तथा शान्ति पाठ (मौखिक)
	पुनरावृत्ति

Part of First Term syllabus included in Second Term

- Yog aur uske Ang
- Udbodhan Geet